We are happy to welcome you to

**Progress in Physics of the Sun and Stars: A New Era in Helio- and Asteroseismology**

We sincerely hope that you enjoy your stay at Hakone.
Below is practical information about the seminar and the hotel.

1. The registration fee paid at the hotel reception desk covers almost everything, including accommodation, meals, initial drinks with dinner, coffee served at breaks, and the proceedings. It does not cover the charges for room service, mini-bar, phone, laundry, drinks exceeding a certain amount at dinner and drinks at the bar.

2. If you need a receipt issued by the LOC rather than the one issued by the hotel at check-in, the LOC will be happy on request to issue you a receipt for your registration fee in exchange for the receipt issued by the hotel.

3. A welcome reception will be held in the room “**Ashinoko**” on the 1st floor of the annex building from 6:30 pm on the 25th November (Sunday). All participants and accompanying persons are cordially invited. Note that the reception room was changed from “Musashi”, which was announced in the 4th circular, to “Ashinoko”.

4. A group photo will be taken just after the morning session of the 27th November (Tuesday). All participants and accompanying persons are invited.

5. The poster space is available in the main conference room “**Sagami**” on the 1st floor of the main building. Please set up your poster on the board of the corresponding poster number. The poster boards will be ready by 5 pm on the 25th November (Sunday). All posters will be on display till the end of the scientific sessions. Please remove them by 18:00 on the 29th November (Thursday). The size of a poster should not exceed W900 mm $\times$ H2100 mm.

6. The main conference room is “**Sagami**” on the 1st floor of the main building. Internet access is not available in the conference room; the only internet access is in your room. During the breaks, coffee and tea will be served in the foyer of “**Sagami**”.

7. Both Japanese and Western style breakfast are available. The former is served in the Japanese restaurant “**Nadaman Garden**” in the East Wing on the ground floor of the main building, while the latter is served at the main dining room “**Le Trianon**” in the West Wing. The service time is 07:30-10:00.

8. Lunch and dinner are served at “**Le Trianon**” except for dinner on the 26th and lunch on the 28th. Dinner on the 26th is served at “**Nadaman Garden**”, and lunch on the 28th is served at “**Hakone-En**”. A block of tables have been reserved for the participants and the accompanying persons. We are sorry to say that the expense for drinks exceeding a certain amount will be charged to the individual. The dinner time is 19:30.

9. A bar will be open from 20:00 till 23:00 only for the participants and accompanying persons. This facility is not open to other guests of the hotel. Again, we are sorry, but drinks in the bar are for your own account.

10. From 16:00 of the 28th November (Wednesday), a sunset-moonrise lake cruise is planned. All participants and accompanying persons are invited to join. The cruise will last about one
11. The closing banquet will be held in the room “Musashi” from 7 pm on the 29th November (Thursday). All participants and accompanying persons are cordially invited.

12. We have received some queries concerning the accessibility to the Tokyo-Narita airport (NRT) from Hakone on the 30th November (Friday). The route is obviously just the reverse of the way from NRT to the Hotel.

(a) To Odawara:

- A free shuttle bus to Odawara Station departs from the Hotel at 10:30 and 13:00, and 15:00. It takes about one hour. If you would like to take this service, please sign up on a reservation sheet that will be put on a poster board at “Sagami” by 18:00 on the 28th November (Wednesday).
- By taxi this takes about 45 minutes. The cost is approximately 8,000 Yen. An advanced booking at the hotel reception is necessary. Sharing a taxi with those leaving the hotel at the same time is a good idea. We are happy to coordinate this. Please sign up and give your preferred departure time on a sheet on a poster board at “Sagami” by noon on 29th November (Thursday).
- “The Izu-Hakone Bus”, bound for Odawara Station, departs frequently from “Hakone-en”, which is next to the Hotel, from 08:30 till 18:00. It takes about 65 minutes and the fare is 1,270 Yen.

(b) From Odawara to NRT: There are several ways to reach NRT from Odawara. The most convenient and secure way is to take the Tokaido Shinkansen high-speed train bound for Tokyo and then take the JR Narita Express (NEX). Since both lines are JR, the tickets can be purchased together at the JR ticket counter. The total fare is 6,790 Yen including express charges. It takes about 60 minutes from Tokyo to the airport, and 35 minutes from Odawara to Tokyo. The timetables for these lines are available at, respectively,

http://www.shinkansen.co.jp/jikoku_hyo/en/sanyou/suh_odawara.html

Hiromoto Shibahashi
On behalf of the organizing committee